

PDX Hummus 2GO 2oz

Single Serve 1mma

Nutrition Facts

Serving size 2oz (57g)

Amount Per Serving

Calories 120

% Daily Value*

Total Fat 7g 9%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 170mg 7%

Total Carbohydrate 12g 4%

Dietary Fiber 2g 7%

Total Sugars 2g

Includes <1g Added Sugars 1%

Protein 4g

Vitamin D 0mcg 0%

Calcium 40mg 4%

Iron 1.3mg 8%

Potassium 140mg 2%

Thiamin 0.2mg 15%

Riboflavin 0.1mg 6%

Niacin 0.6mg 4%

Folate 85mcg DFE 20%

Magnesium 20mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, CHICKPEAS, TAHINI (SESAME SEEDS), LEMON JUICE, OLIVE OIL, SUGAR, LACTIC ACID, SALT, CUMIN, GARLIC POWDER

CONTAINS: SESAME

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